



SPRING ATHLETIC AWARDS

2025



VARSITY GIRLS GOLF

Head Coach: Ms. Dwyer

NYS SCHOLAR ATHLETE TEAM



NYS Championship

Competitors

Lydia Choi
Lara Cohen

All County

Lydia Choi
Lara Cohen



All Conference

Jolie Nguyen
Tess Chan

Honorable Mention All County

Serin Jo
Zuri Chan



VARSITY SOFTBALL

Head Coach: Ms. Tretola Assist. Coach: Ms. Swierkowski

NYS SCHOLAR ATHLETE TEAM

**All County Honorable
Mention**

Eva Spiegelman

All Conference

Allison Mandell

Conference 7

Player of the Year

Hannah Mandell

NCSCA Scholar Athlete

Sophie Plotnitzky



JV BOYS LACROSSE

Coaches: Mr. Miller and Mr. Woska

SCHOLAR ATHLETE TEAM



VARSITY BOYS LACROSSE

Head Coach: Mr. Sorensen

Assist. Coach: Mr. Moscola

NYS SCHOLAR ATHLETE TEAM



All County

Josh Berger

Ethan Goldberg

Zach Mashaal

Honorable Mention

All County

Matt Waxman



All Conference

Spencer Cymbler

Jack Glennon

All Conference

Luke Rice

Gavin Ryback

Nassau County Lacrosse

Officials Association

Sportsmanship Award

JV GIRLS LACROSSE

Head Coach: Ms. Gogh

Assist. Coach: Ms. Wetherell

SCHOLAR ATHLETE TEAM



VARSITY GIRLS LACROSSE

Head Coach: Ms. Lopez

Assist. Coach: Ms. Naughton

NYS SCHOLAR ATHLETE TEAM



All County Honorable Mention

Taylor Goldberg

All Conference

Lilly Allen

Gianna DiSanti

Dylan Laskowitz

Kapri Leonardi

Ryann Rappaport



NCGLCA Scholar Athlete

Jessica Zucker



VARSITY GIRLS BADMINTON

Head Coach: Mr. Steinmuller

NYS SCHOLAR ATHLETE TEAM



Honorable Mention

All County

Esther Han





VARSITY FLAG FOOTBALL

Head Coach: Mr. Formichelli *Assist. Coach:* Mrs. Sabzevari

NYS SCHOLAR ATHLETE TEAM

All County

Regan Glick
Rielle Solop

All Conference

Stephanie Hernandez
Shoshana Ross
Sydney Spier
Maja Vasilic





JV FLAG FOOTBALL

Head Coach: Ms. Plant

SCHOLAR ATHLETE TEAM



VARSITY BASEBALL

Head Coach: Mr. Freeman

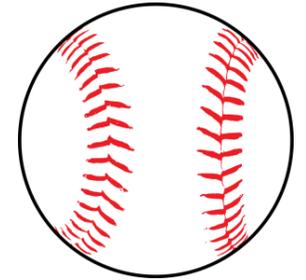
Assist. Coach: Mr. Valentino

NYS SCHOLAR ATHLETE TEAM



All League

Cooper Forrest





JV BASEBALL

Head Coach: Mr. Zeppieri

SCHOLAR ATHLETE TEAM



VARSITY BOYS TRACK AND FIELD



Head Coach: Ms. Hamilton
Assist. Coaches: Mr. Chiarelli & Ms. Glasco
NYS SCHOLAR ATHLETE TEAM



2nd Place in New York State
Nassau County Champion

All Long Island Team
Zach Davidson – Pole Vault

Division Champion

Zachary Davidson – Triple Jump
Paul Lee – Discus

All Division

Lucas Plaza – 400M
Kosmas Mouzakis – Pole Vault
Paul Lee – Shot Put

County

Sportsmanship Award

Track Team

VARSITY GIRLS TRACK AND FIELD

Head Coach: Ms. Trenchfield

Assist. Coaches: Mrs. Lapin & Ms. Moustakus

NYS SCHOLAR ATHLETE TEAM



Nassau County Champion

Diana Santos – Shot Put

All County

Sara Osit – HH

Diana Santos – Discus



All Division

Sara Osit - HH

Ava Zokai – Pole Vault

Division Champion

Diana Santos –

Shot Put and Discus



JV BOYS TENNIS

Head Coach: Mr. Piccirillo

SCHOLAR ATHLETE TEAM





VARSITY BOYS TENNIS

Head Coach: Mrs. Jannotte-Hinkley

NYS SCHOLAR ATHLETE TEAM



All Conference

Bartek Dzedziach
 Jake Klein
 Matthew Lin
 Darren Shen
 Ethan Solop

USTA Sportsmanship

Brian Toh



3rd Place New York State Individual Tournament

Ethan Solop

All State

Ethan Solop

All County

Ayaan Merchant
 Ethan Solop
 Brian Toh

All Division

Graydon Archondo
 Ezra Benaharon
 Jake Klein

All Division

Matthew Lin
 Ayaan Merchant
 Darren Shen

All Division

Ethan Solop
 Brian Toh



BREAK OUT ROOMS

Baseball - Varsity - Room 131

Baseball - JV - Room 225

Boys Lacrosse - Varsity - Room 232

Boys Lacrosse - JV – Chorus Room

Boys Tennis - Varsity - Library

Boys Tennis - JV - 121

Track Boys - Auditorium

Girls Badminton – Varsity – Room 230

Varsity Flag Football – Room 224

JV Girls Flag Football - 224

Girls Golf - Varsity - 132

Girls Lacrosse - Varsity - Room 231

Girls Lacrosse - JV – West Side Cafeteria

Softball - Varsity - Room 130

Track Girls - East End Cafeteria